



# BENTON CITY PHYSICAL THERAPY

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Carter Lake, DPT, MOTR/L, ATC, MTC

## PHYSICAL THERAPY REFERRAL OCCUPATIONAL THERAPY REFERRAL

Date \_\_\_\_\_ ICD-10 Code \_\_\_\_\_

Name \_\_\_\_\_

Diagnosis \_\_\_\_\_

Surgical Procedure \_\_\_\_\_

**RX FREQUENCY** \_\_\_\_\_ per week \_\_\_\_\_ weeks

### **EVALUATE AND TREAT**

#### **MODALITIES**

- Moist Heat
- Cold Packs
- Paraffin
- Electrical Stimulation

#### **TRACTION**

- Cervical
- Lumbar

#### **HYDROTHERAPY**

- Whirlpool
- Contrast Bath

#### **PROCEDURES**

- Ultrasound
- Massage
- Back Rehabilitation
- Stroke Rehabilitation
- Lumbar Stabilization
- Back School
- Anodyne/Infrared
- Laser

- Joint Mobilization
- Gait Training
- Therapeutic Exercise
- TMJ Rehab
- Soft Tissue Mobilization
- Vestibular Training
- Custom Splint Fabrication

#### **INDUSTRIAL REHABILITATION**

- Back School
- Physical Conditioning

- Physical Capacity Evaluation
- Work Hardening

### **Precautions/ Instructions:**

Doctor \_\_\_\_\_